

Abbey Primary Long term six hour plan Nursery and Reception

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to PE Unit 1 General introduction to PE – rules and equipment ect.	Gymnastics Unit 1 Basic movement skills including some balances.	Dance Unit 1 Be able to count and travel to music.	Fundamentals Unit 1 Learn fundamental movements such as rolling, jumping, skipping and running.	Sports Day Practice	Ball Skills Unit 1 Large Ball control skills
Reception	Introduction to PE Unit 2 General introduction to PE – rules and equipment ect.	Gymnastics unit 2 Basic movement skills including some balances, jumps & Rolls	Dance Unit 2 Be able to count and travel to music.	Fundamentals Unit 2 Learn fundamental movements such as rolling, jumping, skipping and running.	Sports Day Practice	Ball Skills Unit 2 Large Ball control skills

All units correspond with units on get set 4 PE where all lesson plans can be found. Assessment should be completed at the end of each half term online.