

# Primary School Meals

from Walsall Catering Service

Winter October–March 2018

Welcome to  
your new menu from  
**Bangers and Mash**

Freshly  
prepared fruit  
and salad  
available  
every day!



Walsall Council

Week 1	Week Commencing 30/10/17, 20/11/17, 11/12/17, 15/01/18, 05/02/18, 05/03/18, 26/03/18				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Oven Baked Sausage	Love Joes Chicken Wrap	Homemade Chicken Curry	Roast Beef Yorkshire Pudding	Oven Baked Battered Fish
Menu B	Oven Baked Fish Fingers	Quorn Curry	Homemade Pizza & Spaghetti Hoops	Cheese Omelette & Spaghetti Hoops	Quorn Nuggets
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Creamed Potatoes	Rice Naan Bread	Naan Bread, Rice, Jacket Wedges	Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Vegetables	Peas & Carrots	Peas & Sweetcorn	Peas	Freshly Prepared, Cauliflower & Broccoli, Baked Beans	Peas
Desserts	Blueberry Muffin & Custard	Fruit Flapjack & Custard	Fruit Pie/Crumble & Custard	Strawberry Mousse	Iced Sponge & Custard

Week 2	Week Commencing 06/11/17, 27/11/17, 18/12/17, 22/01/18, 12/02/18, 12/03/18				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	All Day Breakfast	Homemade Lasagne	Cottage Pie	Chicken Fillet & Stuffing	Oven Baked Battered Fish
Menu B	Homemade Cheese & Potato Pie	Oven Baked Fish Fingers	Homemade Pizza	Cheese Omelette & Spaghetti Hoops	Cheese Pasty
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Warm Crusty Bread	Jacket Wedges, Garlic Bread, Creamed Potatoes	Warm Crusty Bread	Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Vegetables	Tomatoes Baked Beans	Peas	Carrots & Peas Baked Beans	Broccoli & Sweetcorn	Peas
Desserts	Sugar Ring Doughnut	Jam Feather Sponge & Custard	Chocolate Orange Brownie & Custard	Fresh Fruit Salad & Shortcake Finger	Choccy Beet Cake & Custard

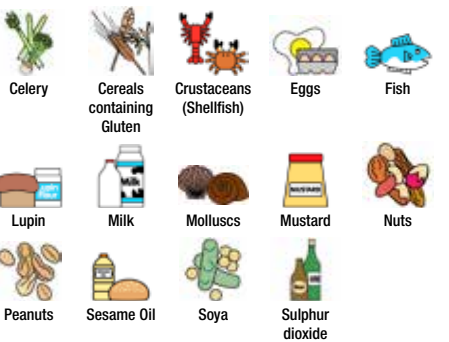
Week 3	Week Commencing 13/11/17, 04/12/17, 08/01/18, 29/01/18, 26/02/18, 19/03/18				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Aberdeen Angus Beef Burger & Bun	Homemade Pasta Bolognese	Homemade Chicken Curry	Roast Turkey & Stuffing	Oven Baked Battered Fish
Menu B	Oven Baked Fish Fingers	Quorn Tikka Wrap	Homemade Pizza	Cheese Omelette Spaghetti Hoops	Vegetarian Sausage Roll
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Jacket Wedges Creamed Potatoes	Garlic Bread Jacket Wedges	Rice, Naan Bread, Jacket Wedges	Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Vegetables	Peas & Sweetcorn	Freshly Prepared Carrots	Peas & Sweetcorn	Freshly Prepared Cauliflower & Broccoli	Peas
Desserts	Fruit Topped Waffle	Iced Sponge & Custard	Chocolate Cracknell & Custard	Fruit Sponge & Custard	Magic Chocolate Sponge

## our menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

## Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.



Some of our menu items contain allergens, including: Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.

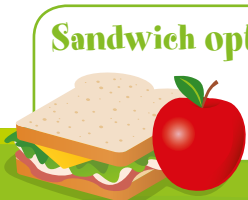
Peanuts and Nuts are also classed as allergens but these are not used on our menu.

**For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.**

**Alternative Desserts available every day:**  
Fresh Fruit Salad, Yoghurt, Cheese & Biscuits  
Water is available every day



**Pasta & Sauce (Vegetarian) every day!**



**Sandwich option available**  
There is a choice of fresh sandwiches available daily.

**Freshly prepared salad and bread basket every day!**



## Pricing

All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals (eligibility criteria include a family income less than £16,190 and not receiving Working Tax Credit).



Contact your child's school or the Local Authority on 01922 650000/ 0300 555 2855 or visit the Civic Centre for more information. Your child's school will let you know if and how much you will need to pay for school meals.

**Apply online for an instant decision**

**[http://cms.walsall.gov.uk/free\\_school\\_meals](http://cms.walsall.gov.uk/free_school_meals)**

**Alternatively email: [freeschoolmeals@walsall.gov.uk](mailto:freeschoolmeals@walsall.gov.uk) for information**

## Did you know?

- Our fresh produce is all sourced in the West Midlands
- Our menu is fully compliant with the statutory school food standards
- We only use free range eggs
- All of our meat is British and Red Tractor Certified

## Food Theme Days

There are lots of Theme Days for the 2017/18 School Lunch Menu. Christmas Lunch is a firm favourite with both adults and children, where staff and pupils join together to enjoy some traditional Christmas fare. Dates will be confirmed nearer the time and may vary from school to school.

**Please check with your child's school for further details.**

*High Standards:*



## contact us

**Debra Humpage**, Operations Manager  
01922 653940/07557 182162  
[debra.humpage@walsall.gov.uk](mailto:debra.humpage@walsall.gov.uk)

**Carol Smith**, Governance, Support & Training Officer  
01922 658446/07774 104513  
[carol.smith@walsall.gov.uk](mailto:carol.smith@walsall.gov.uk)

**Tracy Jones**, Operations Manager  
01922 652560/07557 182170  
[tracy.jones@walsall.gov.uk](mailto:tracy.jones@walsall.gov.uk)

**Sandra Yates**, Regional Co-Ordinator  
01922 650697/07736 007592  
[sandra.yates@walsall.gov.uk](mailto:sandra.yates@walsall.gov.uk)

